

Conference Break Menu

MONDAY

ARRIVAL

Selection of Danish pastries | Healthy Shot or Smoothie

MORNING – Cookies & Croissants

Selection of Cookies (VE)

Filled Croissants: Smoked Salmon & Cream Cheese | Cheese & Tomato

AFTERNOON – AFTERNOON TEA

Finger Sandwiches | Afternoon Tea Cakes

TUESDAY

ARRIVAL

Bircher Muesli | Fruit Salad Pots

MORNING – Breakfast Quiches

Bacon & Tomato | Mushroom & Spinach

AFTERNOON – WHEN LIFE GIVES YOU LEMONS

Citrus Cured Salmon Salad | Lemon Polenta Cake | Homemade Lemonade

WEDNESDAY

ARRIVAL

Selection of Danish Pastries | Healthy Shot or Smoothie

MORNING – MUFFIN TIME

Savoury Muffins | Flower Pot Sweet Muffin

AFTERNOON – BERRY NICE

Brie & Redcurrant Tarts | Seasonal Berry Eton Mess

THURSDAY

ARRIVAL

Bircher Muesli with Fruit Compote | Fresh Fruit Pots

MORNING – SUPERFOOD

Avocado & Ricotta Bruschetta | Chia, Kale & Banana Smoothie

AFTERNOON – GO NUTS FOR DOUGHNUTS

Selection of Doughnuts | Flavoured Milk Shakes

FRIDAY

ARRIVAL

Selection of Danish Pastries | Healthy Shot or Smoothie

MORNING – TGIF

Smoked Salmon Scrambled Egg Cups | Mini Bacon Rolls

AFTERNOON – Keep Calm and Carrot On!

Carrot, Golden Raisin & Apple Salad (VE) | Carrot Cake

Carrot and Ginger Smoothie (VE)

#alexandermoments @rowhillgrange

Some of our food & drink may contain allergens. Please ask a member of staff if you require further information.