



UTOPIA

SPAS & RETREATS

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SIGNATURE TREATMENTS

TOTAL HARMONY - 55 MINUTES - £99

A luxurious and soothing top to toe treatment. All over body brushing is followed by the warming touch of basalt lava stones. Your body is cocooned in an infusion of aromatherapy and your face is treated to a stress relieving warm stone massage.

BEST OF BOTH - 55 MINUTES - £97

A divine creation from the Utopia team, our 'Best of Both' signature treatment brings together a back, neck & shoulder massage with a seamless transition to an essential facial routine. Covering all bases in 55 minutes to leave you feeling relaxed, rebalanced and recharged.

SWEDISH MASSAGE

ULTIMATE FULL BODY - 85 MINUTES - £125

FULL BODY - 55 MINUTES - £97 | BACK, NECK, SHOULDER & SCALP - 40 MINUTES - £74

FACIALS

TEMPLESIPA BESPOKE FACIAL - 55 MINUTES - £97

We'll analyse and prepare a wonderful menu of products specifically for your skin to either moisturise and nourish, soothe and calm, rebalance and hydrate, deep cleanse and purify or simply protect.

TEMPLESIPA HYDRATING FACIAL - 70 MINUTES - £117

This divine treatment combines anti-oxidants to help fight ageing with nourishing ingredients to replace lost elasticity in the skin. You could call it a facial iron.

TEMPLESIPA GENT'S FACIAL - 55 MINUTES - £97

Worry lines are smoothed and neck aches are soothed away.

UTOPIA EXPRESS FACIAL - 40 MINUTES - £74

MUM TO BE

NEW BEGINNINGS - 55 MINUTES - £97

Enjoy a full body massage without any discomfort on your bump! Our specially trained therapists know exactly how to ease those tired muscles while you feel completely comfortable and relaxed. You never know, the little one might enjoy the sense of calm too.

BODY SCRUB

THE OUTER GLOW BODY SCRUB - 40 MINUTES - £73

This invigorating all over treatment uses body brushing techniques and sugar buff body scrub to leave the skin beautifully soft, revitalised and hydrated. An absolute must before your holiday, go and glow!
